

**Ergonomics Roundtable of
Sacramento presents:**

WHEN: August 11, 2009

9:00-11:30

A research update on transforming the Office Environment and other ongoing Ergonomic Projects from the Texas A&M Health Science Center

Mark Benden, CPE, PhD

Dr. Benden will share updates about the movement enhancing environmental design changes made to corporate office workers in transforming them to a stand/sit culture and how they have impacted the health outcomes of those workers. This 45 minute seminar will also review several of the latest inventions and research projects in the field of safety, health and ergonomics being currently developed by Dr. Benden and the Texas A&M Health Science Center.

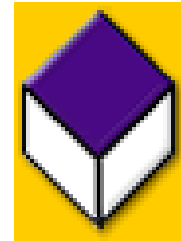
MORE ABOUT OUR SPEAKER...

Dr. Benden received his BS in Biomedical Engineering his MS in Industrial Engineering and most recently his PhD in Interdisciplinary Engineering all from Texas A&M.

As a commissioned Officer in the USAR, he served on active and reserve duty with the Corps of Engineers during Desert Storm and in peace-time as an enlisted, combat medic with the Texas Army National Guard. Other experience includes Rehabilitation Engineer, Ergonomic Consultant, Plant Ergonomic Engineer, a Corporate Ergonomist for a Fortune 100 company, VP for Neutral Posture, Inc. and is currently an Assistant Professor at the Texas A&M Health Science Center's School of Rural Public Health in the Environmental and Occupational Health Department.

As a Certified Professional Ergonomist, Dr. Benden has written several articles and book chapters and a new book on Ergonomics and Weight Loss and has been called upon to lecture at multiple professional groups throughout the United States, Canada, the Caribbean and Central America. He has 15 US Patents for current ergonomic office and industrial products.

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