



Your Essential Connection

CENTRAL VIRGINIA SECTION AIHA
P. O. BOX 36009, RICHMOND, VA 23235

CVS YEAR #20
OCTOBER 2001

NEWSLETTER # 1

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*Join the Central Virginia Section AIHA
for our October Dinner Meeting*

Topic

“The Occupational Athlete”

Guest Speaker

Matthew Ficca, MS, ATC, CSCS
Executive Vice President of Prevention Services, Inc

When: Thursday, October 11th, 2001

Time: 5:30-6:15 PM Social
6:15-7:30 PM Dinner
7:30-8:30 PM Speaker

Location: The Place at Innsbrook
4036 Cox Road
Richmond, Virginia

Cost: \$25 members, \$30 non-members, \$20 students

RSVP: Contact Danny Stidham for reservations:
danny.stidham@honeywell.com or 804-541-5737

No shows will be billed!

Menu: Chicken meal with all the trimmings

Sponsor: Fire Protection Equipment Company

NOTE: AIHA is having a Member-Get-A-Member Campaign to promote new member participation. The Central Virginia local section will give a \$100 gift certificate to “Ruth Chris” to the member who brings in the most new members by the end of our February meeting.

About Our Speaker:

Matt Ficca is the Executive Vice President of Prevention Services, Inc., a Pennsylvania based company specializing in industrial and corporate injury prevention programs and consulting services. Matt earned his BS from East Stroudsburg University in Athletic Training / Sports Medicine and his Master's degree from the University of South Alabama in Exercise Physiology. He is certified through the National Athletic Trainers' Association (NATA), and the National Strength and Conditioning Association (NSCA). Matt is an active member of the Pennsylvania and Maryland Athletic Training Organizations and is a consultant to the Clinical / Industrial / Corporate committee for the NATA. He is also currently involved with curriculum development for Penn College of Technology (Penn State University), Duquesne University and Central Michigan University. Previously Matt held faculty positions at West Chester University, Lycoming College, and Spring Hill College.

President's Message:

Thank you for the opportunity to be your president for the 2001-2002 season. I look forward to helping the Central Virginia Section grow, not only in size, but also in camaraderie and participation.

As Industrial Hygienists, we are in a unique position to help the City of New York in their recovery and clean-up effort. In fact, AIHA and ASSE have been asked by OSHA to develop a list of volunteers that can perform air monitoring and/or analyze air quality data. To volunteer, there is a form to fill out at: www.aiha.org under "AIHA News and Events". Look for: "Volunteer Form – NYC Relief Efforts". Please take the time to visit the AIHA web site and fill out the form rather than calling NYC. This will streamline our volunteer effort, and National AIHA will then have the same information on everyone. AIHA members and exhibitors have already donated masks, cartridges and respirators to the NYC effort. Perhaps, some of us are in a position to help in that way.

On a lighter note, I would like to thank the CVS Officers and Directors for all of their efforts thus far in getting this season under way. It takes time and planning to organize our meetings, and our board members have been enthusiastic in keeping the CVS alive and well. We are in need, however, of other members' input or help in such things as acquiring speakers, suggesting different events and bringing in new members. Please visit the CVS homepage at: <http://www.aiha1.org/Sections/cvs/homepage.htm> where you can find our membership application. I know that most of us have employees, associates or clients that would be interested in joining. Also, we would like to offer some type of facility tour in addition to our dinner meetings. If there is someone that can arrange a tour, please contact the CVS Officer or Director of your choice.

I look forward to seeing everyone at Innsbrook on October 11th. Please plan on attending and bring a guest or prospective member.

Yours truly,

Sean Costello

Announcements:

Mark your calendars early – our joint meeting with the Colonial chapter of ASSE is scheduled for the evening of November 15th at Ethyl Corp. Our guest speaker will be Glen Cox, Director of Compliance for VOSH

Dues Notice:

2001-2002 dues (\$15.00) are due by January 1st. Please send dues to Kammie Cox.

Special thanks to Matt Costello of Fire Protection Equipment Co. and Rick Graham of MSA for being our October sponsor.

Call Fire Protection Equipment Co. at (804) 262-1594 for your air sampling equipment/supplies and respirators.

A word of THANKS to Schneider Laboratories, Inc. in showing their support for our AIHA local section by sponsoring the last meeting, the April luncheon with Aaron Trippler at the Embassy Suites here in Richmond.

The Newsletter is a publication of CVS AIHA, a non-profit organization dedicated to increasing education and interest in industrial hygiene and safety. Comments, suggestions and news articles are welcome. Please contact Sean Costello or editor Susan Setzler.